

"Whereabouts" Information / Anti-Doping Fact Sheet

1. Who is this for?

This is for players on the BWF **"Registered Testing Pool" (RTP)**. This is also for administrators and coaches who support players on the RTP.



There are about 54 players in this "pool". These players must provide detailed "Whereabouts" information on where they **live, train** and **compete**. The names of the players on the RTP are published in the BWF website.

The "Whereabouts" information is for EACH DAY of the quarter.

- o 1st quarter (1 January to 31 March)
- o 2nd quarter (1 April to 30 June)
- o 3rd quarter (1 July to 30 September)
- o 4th quarter (1 October to 31 December)



Players must update their 'Whereabouts' information before the start of each quarter. They must keep this up to date at all times.

2. How to provide Information?

Information must be provided on "ADAMS" – this is the World Anti-Doping Agency's (WADA) online system (***Anti-Doping Administration and Management System***)

- o ADAMS can be accessed at www.wada-ama.org – [linked here](#)
- o Contact Andy Hines-Randle a.hines-randle@bwfbadminton.org if you have forgotten your **Username** or **Password** or if you need assistance with ADAMS.

3. What information is required?

- a) 60-minute Test Time Slot** - for each day of the quarter (including weekends/holidays), players must provide one (1) specific location and one (1) specific time between 6.00 a.m. and 11.00 p.m.

This is to show when you are available for testing. If plans and times are going to change, you must update their information before the change.

- b) Full address where players stay/live** - For each day (including weekends - holidays) - players must provide the full address of where they are living/staying. If the location changes, players must update their information before the change.

- c) Location of Regular Activity – training/work** – Players on the RTP must provide the name and address of any place where they train, work, or any other regular activity during the quarter (including weekends), as well as the usual times for such regular activities.

If the regular activity changes, for example, if you stop training in the mornings and train in the afternoon instead, you must update your information in ADAMS.

- d) Competition Schedule** – Players must provide their competition schedule for the quarter, including the date(s), time(s) and venues (name and address) for each tournament / competition.

If this tournament schedule changes, players must update the Whereabouts information before the date of the tournament – as soon as the change is known.



4. Updating Whereabouts Information

Players must submit Whereabouts information before the end of each quarter, or by the deadline the BWF communicates to you.

Players should update their Whereabouts information on ADAMS when the details change.

The important thing is that the information is accurate and up to date at all times.

Updates may be done online through the ADAMS website, through the ADAMS App (both Android & IOS) or by SMS. Instructions on how to use these facilities can be downloaded from the WADA website www.wada-ama.org

5. What if I don't update my Whereabouts? - sanctions / punishments

It is extremely important that players:

1. Submit the Whereabouts information by the deadline;
2. Provide accurate information
3. Update the information whenever the information / schedules change

If you do not update your information without an acceptable reason, this will be a '**Filing Failure**' under the BWF Anti-Doping Regulations (see Clause 2.4 and 5.6.2).

If you fail to be available at the location you stated for the 60-minute time-slot without an acceptable reason, this will be a '**Missed Test**' under the BWF Anti-Doping Regulations.

If players have three (3) **Filing Failures** or three (3) **Missed Tests** (or any combination of three (3) **Filing Failures/Missed Tests**) in one 12-month period, this may be

an **anti-doping regulation violation** under the BWF Anti-Doping Regulations.

This could mean a ban from all sport for at least 2 years and could even be as much as 4 years.

6. Personal Responsibility

Players may wish to have their association office, coach or agent to assist them with Whereabouts updating - and this is permitted.



However, please note that players are personally responsible for any failure to follow the requirements of the Anti-Doping Regulations – even if a player has asked others to assist them.

7. Confidentiality

The BWF will maintain the confidentiality of the Whereabouts information that players provide.

It will only be used to help with **Out-of-Competition testing** under the BWF Anti-Doping Regulations or by another anti-doping organization that has accepted the same confidentiality obligations.

Please note that any other anti-doping organization with the authority under the World Anti-Doping Code may test players Out-of-Competition at any time, whether using the Whereabouts information players provide or not.

8. Prohibited Substances

- There are many substances which are “*prohibited*” for athletes to use – these are substances that give a performance advantage.
 - WADA publishes a list of “*Prohibited Substances*”.
 - See the BWF website for the list www.bwfcorporate.com
 - The list is updated every year – and comes into effect 1 January each year.
 - Some prohibited substances can be *harmful to your health*.
 - Prohibited substance *can be found in some medications*.
 - If you need to take medications – *tell your doctor that you are an athlete*. The doctor will check if the medication has any prohibited substances inside.
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9. Therapeutic Use Exemptions (TUEs)

- Some *Medicines* contain *prohibited substances*. Even some creams you

- put on your skin may have a prohibited substance inside.
- *Tell your doctor* that you are an international athlete.
 - Occasionally – an athlete may *need to take* medicines containing prohibited substance.
 - You must *get permission* to use the medication *BEFORE* you use this (unless it is an emergency).
 - If you need medicines which contain prohibited substances – your doctor must complete a special form – the *TUE Form (Therapeutic Use Exemption Form)*.
 - The TUE form can be downloaded from the BWF website – linked [here](#)
 - Send the completed TUE form to the BWF at least 21 days before international competition (unless it is an emergency).



10. Dietary Supplements

- Some athletes use *dietary supplements* to help *build muscle* and *strength* – for example – *protein supplements*.
- *Some* dietary supplements may not be safe to use. There is a risk that supplements *could contain prohibited substances*.
- *Get advice on supplements* from your National Anti-doping Organisation (NADO).

11. Athletes' Responsibility

- *Players* are *responsible for everything they eat, drink* and *use* (such as medications).

12. Testing

- *Testing* can take place *anywhere / anytime*.
- Urine and blood may be taken as samples for analysis.
- Selection for testing can be random – or targeted.
- This can be at *competitions* – or *between competitions* – at your training venue or at your residence.
- Top world and national players may be asked to provide “Whereabouts information” – where they train, compete, live – 365 days a year.
- This is so they can be regularly tested.

13. Anti-Doping Rule Violation

Examples of an anti-doping rule violations are:

- If a *prohibited substance* is found in your urine or blood sample.
- If an athlete *refuses* to give a *urine or blood sample* to a Doping Control Officer.
- If someone tampers with a Sample.
- If a *prohibited substance* is found in an athletes' possession.
- If *you give prohibited substances* to another player to take or *you help someone to take part* in doping.



If found guilty of any one of these, it could mean a ban for 4 years from all sport.

14. Further Information

- ✓ Your coach / your badminton association
 - ✓ BWF Anti-Doping Pages – www.bwfcorporate.com/integrity
 - ✓ World Anti-doping Agency - www.wada-ama.org
 - ✓ Contact Andy Hines-Randle at the BWF Office – a.hines-randle@bwfbadminton.org
 - ✓ Other contact – Stuart Borrie – s.borrie@bwfbadminton.org
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